

# Morning Prayer for the Tenth Sunday after Pentecost (Proper 14)

*From Enriching Our Worship  
Psalm from the Saint Helena Breviary*

**August 9, 2020**

## Hymn 410

Praise, my soul, the King of heaven

1 Praise, my soul, the King of heaven;  
to his feet your tribute bring.  
Ransomed, healed, restored, forgiven,  
evermore his praises sing.  
Alleluia, alleluia!  
Praise the everlasting King!

2 Praise him for his grace and favor  
to his people in distress.  
Praise him, still the same as ever,  
slow to chide, and swift to bless.  
Alleluia, alleluia!  
Glorious in his faithfulness!

3 Fatherlike he tends and spares us;  
well our feeble frame he knows.  
In his hand he gently bears us,  
rescues us from all our foes.  
Alleluia, alleluia!  
Widely yet his mercy flows!

4 Angels, help us to adore him;  
you behold him face to face.  
Sun and moon, bow down before him,  
dwellers all in time and space.  
Alleluia, alleluia!  
Praise with us the God of grace!

God is Spirit, and those who worship must worship in spirit and in truth.

John 4:2

## Confession

The Minister says                      Let us confess our sins to God.

*Silence may be kept.*

Minister and People

*God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us, the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.*

## Absolution

Almighty God have mercy on you, forgive you all your sins  
through the grace of Jesus Christ, strengthen you in all goodness,  
and by the power of the Holy Spirit keep you in eternal life.  
Amen.

## Opening Versicle

Officiant                      O God, let our mouth proclaim your praise.  
People                         And your glory all the day long

Praise to the holy and undivided Trinity, one God: as it was in the  
beginning, is now, and will be for ever. Amen  
Alleluia.

O God, you are my God; from break of day I seek you.

## Morning Psalm

### Psalm 63:1-8

*O God, you are my God; eagerly I seek you; \*  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there is no water.  
Therefore I have gazed upon you in your holy place, \*  
that I might behold your power and your glory.  
For your loving-kindness is better than life itself; \*  
my lips shall give you praise.  
So will I bless you as long as I live \*  
and lift up my hands in your Name.  
My soul is content, as with marrow and fatness, \*  
and my mouth praises you with joyful lips,  
When I remember you upon my bed, \*and meditate on you in the night  
watches.  
For you have been my helper, \*  
and under the shadow of your wings I will rejoice.  
My soul clings to you; \*  
your right hand holds me fast.*

### Psalm 85:8-13

8 I will listen to what you are saying, \*  
for you are speaking peace to your faithful people  
and to those who turn their hearts to you.

9 Truly, your salvation is very near to those who fear you, \*  
that your glory may dwell in our land.

10 Mercy and truth have met together; \*  
righteousness and peace have kissed each other.

11 Truth shall spring up from the earth, \*  
and righteousness shall look down from heaven.

12 You, O God, will indeed grant prosperity, \*  
and our land will yield its increase.

13 Righteousness shall go before you, \*  
and peace shall be a pathway for your feet.

Glory to God, Source of all being, Incarnate Word, and  
Holy Spirit,\*  
As it was in the beginning, is now, and will be forever, Amen.

## 1 Kings 19:9-18

At Horeb, the mount of God, Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, “What are you doing here, Elijah?” He answered, “I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.”

He said, “Go out and stand on the mountain before the Lord, for the Lord is about to pass by.” Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, “What are you doing here, Elijah?” He answered, “I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.” Then the Lord said to him, “Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi

as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.”

Hear what the Spirit is saying to God’s people.  
People            *Thanks be to God.*

## Canticle B A Song of Pilgrimage

Ecclesiasticus 51:13-16,20b-22

*Before I ventured forth, even while I was very young, \*  
I sought wisdom openly in my prayer.  
In the forecourts of the temple I asked for her, \*  
and I will seek her to the end.  
From first blossom to early fruit, \*  
she has been the delight of my heart.  
My foot has kept firmly to the true path, \*  
diligently from my youth have I pursued her.  
I inclined my ear a little and received her; \*  
I found for myself much wisdom and became adept in her.  
To the one who gives me wisdom will I give glory, \*  
for I have resolved to live according to her way.  
From the beginning I gained courage from her, \*  
therefore I will not be forsaken.  
In my inmost being I have been stirred to seek her, \*  
therefore have I gained a good possession.  
As my reward the Almighty has given me the gift of language, \*  
and with it will I offer praise to God.*

## Romans 10:5-15

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart,

‘Who will ascend into heaven?’” (that is, to bring Christ down) “or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say?

“The word is near you,  
on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

Hear what the Spirit is saying to God’s people.

People           *Thanks be to God.*

### **Hymn 699**

### **Jesus, Lover of my soul**

Jesus, lover of my soul,  
Let me to Thy bosom fly,  
While the nearer waters roll,  
While the tempest still is high.  
Hide me, O my Savior, hide,  
Till the storm of life is past;  
Safe into the haven guide;  
Oh, receive my soul at last.

Other refuge have I none,  
Hangs my helpless soul on Thee;  
Leave, ah! leave me not alone,  
Still support and comfort me.  
All my trust on Thee is stayed,  
All my help from Thee I bring;  
Cover my defenseless head  
With the shadow of Thy wing.

Plenteous grace with Thee is found,  
Grace to cleanse from every sin;  
Let the healing streams abound;  
Make and keep me pure within.  
Thou of life the fountain art,  
Freely let me take of Thee;  
Spring Thou up within my heart;  
Rise to all eternity.

### **Matthew 14:22-33**

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.”

Peter answered him, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, “Truly you are the Son of God.”

Hear what the Spirit is saying to God's people.

People        *Thanks be to God.*

## **Sermon**

### **The Apostles' Creed**

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.

On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come again to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

Officiant        Hear our cry, O God.

People            And listen to our prayer.

Officiant        Let us pray.

*Our Father in heaven,*

*hallowed be your Name,*

*your kingdom come,*

*your will be done,*

*on earth as in heaven.*

*Give us today our daily bread.*

*Forgive us our sins*

*as we forgive those*

*who sin against us.*

*Save us from the time of trial,*

*and deliver us from evil.*

*For the kingdom, the power,*

*and the glory are yours,*

*now and for ever. Amen.*

V. Look upon your congregation;

R. Give to your people the blessing of peace.

V. Declare your glory among the nations;

R. And your wonders among all peoples.

V. Do not let the oppressed be shamed and turned away;

R. Never forget the lives of your poor.

V. Continue your loving-kindness to those who know you;

R. And your favor to those who are true of heart.

V. Satisfy us by your loving-kindness in the morning;

R. So shall we rejoice and be glad all the days of our life.

*The collect of the day*

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## **Form II**

In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.

I ask your prayers for God's people throughout the world;  
for Michael, our Presiding Bishop, for Dorsey, our Bishop; for this  
gathering; and for all ministers and people.

Pray for the Church.

Silence

I ask your prayers for peace; for goodwill among nations;  
and for the well-being of all people.  
Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the  
oppressed, and those in prison.  
Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper  
knowledge of him.  
Pray that they may find and be found by him.

Silence

I ask your prayers for the departed [especially \_\_\_\_\_].  
Pray for those who have died.

Silence

Members of the congregation may ask the prayers or the  
thanksgivings of those present

I ask your prayers for \_\_\_\_\_.

I ask your thanksgiving for \_\_\_\_\_.

Silence

Praise God for those in every generation in whom Christ has been  
honored  
[especially \_\_\_\_\_ whom we remember today].  
Pray that we may have grace to glorify Christ in our own day.

Silence

Heavenly God, you have promised to hear what we ask in  
the Name of your Son: Accept and fulfill our petitions, we  
pray, not as we ask in our ignorance, nor as we deserve in our  
sinfulness, but as you know and love us in your Son Jesus  
Christ our Lord. *Amen.*

### **Hymn 435**

### **At the Name of Jesus**

1 At the name of Jesus every knee shall bow,  
every tongue confess him King of glory now;  
'tis the Father's pleasure we should call him Lord,  
who from the beginning was the mighty Word.

2 Humbled for a season, to receive a name  
from the lips of sinners, unto whom he came;  
faithfully he bore it spotless to the last,  
brought it back victorious when from death he passed;

3 bore it up triumphant, with its human light,  
through all ranks of creatures, to the central height,  
to the throne of Godhead, to the Father's breast,  
filled it with the glory of that perfect rest.

4 Name Him, Christians, name Him, with love strong as death,  
name with awe and wonder, and with bated breath;  
he is God the Savior, he is Christ the Lord,  
ever to be worshiped, trusted, and adored.

5 In your hearts enthrone him; there let him subdue  
all that is not holy, all that is not true.  
Look to him, your Savior, in temptations' hour;  
let his will enfold you in its light and power.

6 Christians, this Lord Jesus shall return again,  
with his Father's glory o'er the earth to reign;  
for all wreaths of empire meet upon his brow,  
and our hearts confess him King of glory now.

Glory to God whose power, working in us, can do infinitely more  
than we can ask or imagine: Glory to God from generation to  
generation in the Church, and in Christ Jesus for ever and ever.  
Amen.

Ephesians 3:20,21