

# *St. Mark's Episcopal Church*

*The Tenth Sunday after Pentecost*

*Proper 13*

*August 1, 2021 10:00 am*

**Holy Eucharist Rite II**

## **THE WORD OF GOD**

**Hymn 690**

**Guide me, O thou great Jehovah**

1 Guide me, O thou great Jehovah,  
pilgrim through this barren land;  
I am weak, but thou art mighty;  
hold me with thy powerful hand;  
bread of heaven, bread of heaven,  
feed me now and evermore,  
feed me now and evermore.

2 Open now the crystal fountain,  
whence the healing stream doth flow;  
let the fire and cloudy pillar  
lead me all my journey through;  
strong deliverer, strong deliverer.  
be thou still my strength and shield,  
be thou still my strength and shield.

3 When I tread the verge of Jordan,  
bid my anxious fears subside;  
death of death, and hell's destruction,  
land me safe on Canaan's side;  
songs of praises, songs of praises,  
I will ever give to thee,  
I will ever give to thee.

Blessed be God: Father, Son, and Holy Spirit.

People *And blessed be God's kingdom, now and for ever.*  
*Amen.*

Almighty God, to you all hearts are open, all desires known,  
and from you no secrets are hid: Cleanse the thoughts of our  
hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy Name;  
through Christ our Lord. *Amen.*

## The Gloria

*Glory to God in the highest,  
and peace to his people on earth.*

*Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.*

*Lord Jesus Christ, only Son of the Father,*

*Lord God, Lamb of God,  
you take away the sin of the world:*

*have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.*

*For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen*

## The Collect of the Day

*The Celebrant says to the people*

The Lord be with you.

People *And also with you.*

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## The Lessons

### Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" "

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat.

The Word of the Lord

People *Thanks be to God*

### Psalm 78: 23-29

Part I *Attendite, popule*

23 So you commanded the clouds above \*  
and opened the doors of heaven.

24 You rained down manna upon them to eat \*  
and gave them grain from heaven.

25 So mortals ate the bread of angels; \*  
you provided for them food enough.

26 You caused the east wind to blow in the heavens \*  
and led out the south wind by your might.

27 You rained down flesh upon them like dust \*  
and wingèd birds like the sand of the sea.

28 You let it fall in the midst of their camp \*  
and round about their dwellings.

29 So they ate and were well filled, \*  
for you gave them what they craved.

### **Ephesians 4:1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the

saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord  
People *Thanks be to God*

### **Hymn 302**

### **Father, we thank thee who has planted**

1 Father, we thank thee who hast planted  
Thy holy Name within our hearts.  
Knowledge and faith and life immortal  
Jesus Thy Son to us imparts.  
Thou, Lord, didst make all for thy pleasure,  
didst give us food for all our days,  
giving in Christ the Bread eternal;  
thine is the power, be thine the praise.

2 Watch o'er thy Church, O Lord, in mercy,  
save it from evil, guard it still.  
perfect it in thy love, unite it,  
cleansed and conformed unto thy will.  
As grain, once scattered on the hillsides,  
was in this broken bread made one,  
so from all lands thy Church be gathered  
into thy kingdom by thy Son.

The Holy Gospel of our Savior, Jesus Christ according  
to John.

People *Glory to you, Lord Christ*

## **John 6: 24-35**

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.”

Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

The Gospel of the Lord.

People *Praise to you, Lord Christ.*

## **The Sermon**

**The Rev. Nancy L. Threadgill**

## **The Nicene Creed**

*We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.?*

*We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.*

*For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again*

*in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

# The Prayers of the People

## Form I

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.  
*Lord, have mercy.*

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.  
*Lord, have mercy.*

For our Bishop, and for all the clergy and people, let us pray to the Lord.  
*Lord, have mercy.*

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.  
*Lord, have mercy.*

For this city Johnstown, for every city and community, and for those who live in them, let us pray to the Lord.  
*Lord, have mercy.*

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord.  
*Lord, have mercy.*

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.  
*Lord, have mercy.*

For those who travel on land, on water, or in the air or through outer space, let us pray to the Lord.  
*Lord, have mercy.*

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.  
*Lord, have mercy.*

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.  
*Lord, have mercy.*

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.  
*Lord, have mercy.*

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.  
*Lord, have mercy.*

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.  
*Lord, have mercy.*

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace.  
*Lord, have mercy.*

In the communion of St. Mark and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.  
*To thee, O Lord our God.*

*Silence.*

Lord, hear the prayers of *thy* people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of *thy* Name; through Jesus Christ our Lord. *Amen.*

### **Confession of Sin**

*The Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

*Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

*The Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **The Peace**

*The Celebrant says to the people*

The peace of the Lord be always with you.

People *And also with you.*

*Then the Minister and People may greet one another in the name of the Lord.*

## **The Holy Communion**

Yours, O Lord, is the greatness, the power, the glory, the victory, and the majesty. For everything in heaven and on earth is yours. Yours, O Lord, is the kingdom, and you are exalted as head over all. *1 Chronicles 29:11*

### **Hymn Levas 154**

### **Taste and see**

Refrain:

Taste and see, taste and see  
the goodness of the Lord.  
Oh, taste and see, taste and see  
the goodness of the Lord, of the Lord.

1 I will bless the Lord at all times.  
His praise shall always be on my lips;  
my soul shall glory in the Lord;  
for He has been so good to me. (Refrain)

2 Glorify the Lord with me.  
Together let us all praise His name.  
I called the Lord and He answered me;  
from all my troubles He set me free. (Refrain)

3 Worship the Lord, all you people.  
You'll want for nothing if you ask.  
Taste and see that the Lord is good;  
in Him we need put all our trust. (Refrain)

# The Great Thanksgiving

## *Eucharistic Prayer A*

*The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says*

The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

*Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.*

*Hosanna in the highest.*

*Blessed is he who comes in the name of the Lord.*

*Hosanna in the highest.*

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us

for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

*Christ has died.*

*Christ is risen.*

*Christ will come again.*

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new

and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior  
Christ has taught us,  
we are bold to say,

As our Savior Christ  
has taught us,  
we now pray,

<i>Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.</i>	<i>Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.</i>
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### **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;  
*Therefore let us keep the feast. Alleluia.*

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

For those unable to receive the physical Communion at this time please pray the following with me:

*My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I desire to offer you praise and thanksgiving as I proclaim your resurrection. I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.*

### **Communion Hymn 328 Draw nigh and take the body of the Lord**

1 Draw nigh and take the Body of the Lord,  
and drink the holy Blood for you outpoured.

2 Saved by that Body and that holy Blood,  
with souls refreshed, we render thanks to God.

3 Salvation's giver, Christ, the only Son,  
by his dear cross and blood the victory won.

4 Offered was he for greatest and for least,  
himself the Victim, and himself the Priest.

5 Approach ye then with faithful hearts sincere,  
and take the pledges of salvation here.

6 He that his saints in this world rules and shields,  
to all believers life eternal yields;

7 with heavenly bread he makes the hungry whole,  
gives living waters to the thirsting soul.

8 Alpha-Omega, unto whom shall bow  
all nations at the doom, is with us now.

Let us pray.

*Celebrant and People*

*Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.*

Blessing

May the peace of God which passes all understanding keep your hearts  
and minds in the knowledge of God and of God's son Jesus Christ, our  
Lord, and the blessing of the Father, Son and Holy Spirit be with you  
now and always. Amen.

**Hymn 522**

**Glorious things of thee are spoken**

1 Glorious things of thee are spoken,  
Zion, city of our God;  
he whose word cannot be broken  
formed thee for his own abode;  
on the Rock of Ages founded,  
what can shake thy sure repose?  
With salvation's walls surrounded,  
thou may'st smile at all thy foes.

2 See! the streams of living waters,  
springing from eternal love,  
well supply thy sons and daughters  
and all fear of want remove.  
Who can faint, when such a river  
ever will their thirst assuage?  
Grace which, like the Lord, the giver,  
never fails from age to age.

3 Round each habitation hovering,  
see the cloud and fire appear  
for a glory and a covering,  
showing that the Lord is near.  
Thus deriving from their banner,  
light by night, and shade by day;  
safe they feed upon the manna  
which he gives them when they pray.

4 Blest inhabitants of Zion,  
washed in the Redeemer's blood!  
Jesus, whom their souls rely on,  
makes them kings and priests to God.  
'Tis his love his people raises  
over self to reign as kings:  
and as priests, his solemn praises  
each for a thank-offering brings.

Let us go forth in the name of Christ.  
*People Thanks be to God.*

From *Book of Common Prayer 1979*  
Hymns from *Hymnal 1982* and *Lift Every Voice and Sing II*  
Psalm from *The Saint Helena Psalter 2004*

**Diocesan Cycle of Prayer**

The Rt. Rev. Dorsey McConnell

**Altar Candles Given to the Greater Glory of God**

In Loving Memory of  
Ed Stavas  
From Wife, Martha

**Altar Flowers Given to the Greater Glory of God**

In Loving Memory of  
Bettie Mae Harder  
Perpetual Flowers

**Next Week's Readings**

1 Kings 19:4-8  
Psalm 34:1-8  
Ephesians 4:25-5:2  
John 6:35, 41-51

*Sharing Christ's love unconditionally through  
transformational worship and service.*