

# *St. Mark's Episcopal Church*

*The Thirteenth Sunday after Pentecost*

*Proper 16*

*August 22, 2021 10:00 am*

**Holy Eucharist Rite II**

## **THE WORD OF GOD**

**Hymn 530**

**Spread, O spread thou mighty word**

1 Spread, O spread, thou mighty word,  
spread the kingdom of the Lord,  
that to earth's remotest bound  
all may heed the joyful sound;

2 word of how the Father's will  
made the world, and keeps it, still;  
how his only Son he gave,  
earth from sin and death to save;

3 word of how the Savior's love  
earth's sore burden doth remove;  
how forever, in its need,  
through his death the world is freed.

4 word of how the Spirit came  
bringing peace in Jesus' name;  
how his never failing love  
guides us onto heaven above.

5 Word of life, most pure and strong,  
word for which the nations long,  
spread abroad, until from night  
all the world awakes to light.

Blessed be God: Father, Son, and Holy Spirit.

People *And blessed be God's kingdom, now and for ever.*  
*Amen.*

Almighty God, to you all hearts are open, all desires known,  
and from you no secrets are hid: Cleanse the thoughts of our

hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

### **The Gloria**

*Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen*

### **The Collect of the Day**

The Lord be with you.  
People *And also with you.*  
Celebrant Let us pray.

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### **The Lessons**

#### **Joshua 24:1-2a, 14-18**

Then Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, “Thus says the Lord, the God of Israel: Long ago your ancestors—Terah and his sons Abraham and Nahor—lived beyond the Euphrates and served other gods. “Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord.

Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord.” Then the people answered, “Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God.”

The Word of the Lord  
People *Thanks be to God*

#### **Psalm 34:15-22**

15 The eyes of God are upon the righteous, \*  
and the ears of God are open to their cry.

16 The face of God is against those who do evil, \*  
to root out the remembrance of them from the earth.

17 The righteous cry, and God hears them \*  
and delivers them from all their troubles.

18 God is near to the brokenhearted \*  
and will save those whose spirits are crushed.

19 Many are the troubles of the righteous, \*  
but God will deliver them out of them all.

20 God will keep safe all their bones; \*  
not one of them shall be broken.

21 Evil shall slay the wicked, \*  
and those who hate the righteous will be punished.

22 O God, you will ransom the life of your servants, \*  
and none will be punished who trust in you.

### **Ephesians 6:10-20**

Finally, be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints.

Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

The Word of the Lord  
People *Thanks be to God*

### **Hymn 440**

### **Bless Jesus, at thy word**

1 Blessèd Jesus, at thy word  
we are gathered all to hear thee;  
let our hearts and souls be stirred  
now to seek and love and fear thee;  
by thy teachings pure and holy,  
drawn from earth to love thee solely.

2 All our knowledge, sense and sight  
lie in deepest darkness shrouded,  
till thy Spirit breaks our night  
with the beams of truth unclouded;  
thou alone to God canst win us;  
thou must work all good within us.

3 Gracious Lord, thyself impart!  
Light of Light, from God proceeding,  
open thou our ears and heart,  
help us by thy Spirit's pleading.  
Hear the cry thy Church upraises;  
hear, and bless our prayers and praises.

The Holy Gospel of our Savior, Jesus Christ according  
to John.

People *Glory to you, Lord Christ*

## **John 6:56-69**

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.” He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, “This teaching is difficult; who can accept it?” But Jesus, being aware that his disciples were complaining about it, said to them, “Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.” For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, “For this reason I have told you that no one can come to me unless it is granted by the Father.” Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, “Do you also wish to go away?” Simon Peter answered him, “Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.”

The Gospel of the Lord.

People *Praise to you, Lord Christ.*

## **The Sermon**

**The Rev. Nancy L. Threadgill**

## **The Nicene Creed**

*We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.?*

*We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.*

## **The Prayers of the People**

### **Form IV**

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

### **Collect of the Holy Cross**

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### **Confession of Sin**

*The Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

*Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,*

*by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

*The Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **The Peace**

*The Celebrant says to the people*

The peace of the Lord be always with you.

People *And also with you.*

*Then the Minister and People may greet one another in the name of the Lord.*

## **The Holy Communion**

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

### **Hymn 628**

### **Help us, O Lord, to learn**

1 Help us, O Lord, to learn  
the truths your word imparts:

to study that your laws may be  
inscribed upon our hearts.

2 Help us, O Lord, to live  
the faith which we proclaim,  
that all our thoughts and words and deeds  
may glorify your Name.

3 Help us, O Lord, to teach  
the beauty of your ways,  
that yearning souls may find the Christ  
and live a life of praise.

## **The Great Thanksgiving**

### ***Eucharistic Prayer A***

*The people remain standing. The Celebrant faces them and says*

The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

*Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.*

*Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.*

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you

and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

*Christ has died.  
Christ is risen.  
Christ will come again.*

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior  
Christ has taught us,  
we are bold to say,

As our Savior Christ  
has taught us,  
we now pray,

<i>Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.</i>	<i>Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven.</i>
<i>Give us this day our daily bread.</i>	<i>Give us today our daily bread.</i>
<i>And forgive us our trespasses, as we forgive those who trespass against us.</i>	<i>Forgive us our sins as we forgive those who sin against us.</i>
<i>And lead us not into temptation, but deliver us from evil.</i>	<i>Save us from the time of trial, and deliver us from evil.</i>

*For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.*

*For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.*

### **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;  
*Therefore let us keep the feast. Alleluia.*

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him  
in your hearts by faith, with thanksgiving.

For those unable to receive the physical Communion at this time  
please pray the following with me:

*My Jesus, I believe that you are truly present in the Blessed  
Sacrament of the Altar. I desire to offer you praise and thanksgiving as  
I proclaim your resurrection. I love you above all things, and long for  
you in my soul. Since I cannot receive you in the Sacrament of your  
Body and Blood, come spiritually into my heart. Cleanse and  
strengthen me with your grace, Lord Jesus, and let me never be  
separated from you. May I live in you, and you in me, in this life and in  
the life to come. Amen.*

### **Communion Hymn 341 For the bread which you have broken**

1 For the bread which you have broken,  
for the wine which you have poured,

for the words which you have spoken,  
now we give you thanks, O Lord.

2 By this pledge, Lord, that you love us,  
by your gift of peace restored,  
by your call to heaven above us,  
hallow all our lives, O Lord.

3 As our blessed ones adore you,  
seated at our Father's board,  
may the Church still waiting for you  
keep love's tie unbroken, Lord.

4 In your service, Lord, defend us;  
in our hearts keep watch and ward,  
in the world to which you send us  
let your kingdom come, O Lord.

Let us pray.

### *Celebrant and People*

Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

### **Blessing**



May the peace of God which passes all understanding keep your hearts and minds in the knowledge of God and of God's son Jesus Christ, our Lord, and the blessing of the Father, Son and Holy Spirit be with you now and always. Amen.

### **Hymn 561**

### **Stand up, stand up for Jesus**

1 Stand up, stand up, for Jesus,  
ye soldiers of the cross;  
lift high his royal banner,  
it must not suffer loss:  
from victory unto victory  
his army shall he lead,  
till every foe is vanquished  
and Christ is Lord indeed.

2 Stand up, stand up, for Jesus;  
the trumpet call obey;  
forth to the mighty conflict  
in this his glorious day:  
ye that are his now serve him  
against unnumbered foes;  
let courage rise with danger,  
and strength to strength oppose.

3 Stand up, stand up, for Jesus;  
stand in his strength alone;  
the arm of flesh will fail you,  
ye dare not trust your own:  
put on the Gospel armor,  
and watching unto prayer,  
when duty calls, or danger,  
be never wanting there.

4 Stand up, stand up, for Jesus;  
the strife will not be long:  
this day, the noise of battle;  
the next, the victor's song.  
To valiant hearts triumphant,

a crown of life shall be;  
they with the King of glory  
shall reign eternally.

Let us bless the Lord.  
*People Thanks be to God.*

From *Book of Common Prayer 1979*  
Hymns from *Hymnal 1982*  
Psalm from *The Saint Helena Psalter 2004*

### **Diocesan Cycle of Prayer**

Campus Ministry, the Rev. Dan Isadore, University Chaplain; and the  
Children's Ministry Team

### **Next Week's Readings**

Deuteronomy 4: 1-2,6-9  
Psalm 15  
James 1:17-27  
Mark 7:1-8,14-15,21-23

*Sharing Christ's love unconditionally through  
transformational worship and service.*